

## **Shadow Health and Wellbeing Board**

**Minutes of the Meeting held on Thursday, 8th March, 2012 at 1.30 pm in Brockholes Centre, Brockholes, Near Preston.**

### **Present:**

#### **Chair**

County Councillor Mrs Val Wilson, Cabinet Member for Health and Wellbeing (LCC)

#### **Committee Members**

County Councillor Mike Calvert, Cabinet Member for Adult and Community Services (LCC)

County Councillor Mrs Susie Charles, Cabinet Member for Children and Schools (LCC)

Richard Jones, Executive Director for Adult and Community Services (LCC)

Helen Denton, Executive Director for Children and Young People (LCC)

Maggi Morris, Director of Public Health (LCC / PCT)

Dr Peter Williams, East Lancashire Clinical Commissioning Group (CCG)

Dr David Wrigley, Lancaster Clinical Commissioning Group (CCG)

Dr Robert Bennett, Chorley and South Ribble Clinical Commissioning Group (CCG)

Dr Simon Frampton, West Lancashire Clinical Commissioning Group (CCG)

Dr Tony Naughton, Fylde and Wyre Clinical Commissioning Group (CCG)

Peter Kenyon, Chair of Lancashire PCT Cluster Board

Councillor Bridget Hilton, Central Lancashire District Councils

Councillor Margaret Lishman, East Lancashire District Councils

Councillor Cheryl Little, Fylde District Councils

Lorraine Norris, Lancashire District Councils (Preston City Council)

Michael Wedgeworth, Chair of Third Sector Lancashire

Walter D Park, Chair of Lancashire LINK

#### **Observers**

Ian Roberts, Greengage Consulting

#### **Officers**

Deborah Harkins, Lancashire County Council

Habib Patel, Lancashire County Council

#### **Apologies**

Frank Atherton, Director of Public Health (LCC / PCT)

Dr Ann Bowman, Greater Preston Clinical Commissioning Group (CCG)

Janet Soo-Chung, Chief Executive of Lancashire PCT Cluster Board

## **1. Welcome from the Chair and overview of the agenda**

County Councillor Valerie Wilson welcomed everyone to the meeting and in particular the CCG representatives who were attending for the first time. The Board received a brief introduction to the Brockholes venue which explained how the reserve came into being and aspirations for its future development.

## **2. Apologies for absence**

Noted.

## **3. Session 1 - The programme of work for the shadow Health and Wellbeing Board**

Ian Roberts, Greengage Consulting, and Habib Patel, Lancashire County Council, gave a presentation outlining suggestions for areas that the Board can focus on. Ian talked about the objectives and plan for the initial Board meetings as follows:

- The programme of work for the Health and Wellbeing Board.
- Health and Wellbeing priorities.
- Delivering our priorities.
- How should the Board operate within the Lancashire health system?
- Housekeeping.

Habib explained the statutory role of the Health and Wellbeing Board including:

- Needs of the population (Joint Strategic Needs Assessment (JSNA)).
- Determine priorities (Strategy).
- Promote integration (commissioning, service delivery).
- Hold to account (performance manage).
- Voice on behalf of the people of Lancashire.

Habib posed some questions for the Board to consider regarding the Health and Wellbeing Strategy:

- What is the purpose of the board's strategy?
- How do we want the strategy to be delivered, County/CCG footprint/Locality?
- How do we get buy in from stakeholders on priorities and delivery?
- How do we performance manage the strategy?
- What is the role of the Board in delivering /monitoring the strategy?

Ian also explained that he had met with 14 out of 18 Board members to discuss their aspirations for the Board and provided feedback on the information gathered from this exercise so far.

Habib closed the session by setting out the timescales and programme for the future Board meetings and expressed an aspiration that the Health and Wellbeing Strategy be signed off at the 10<sup>th</sup> July 2012 Board meeting.

#### **4. Session 2 - Health and wellbeing priorities in Lancashire**

Deb Harkins, Lancashire County Council, gave a presentation to explain what the priorities are for health and wellbeing in Lancashire and also to explain what the JSNA tells us.

Deb explained that the JSNA gives high level strategic analysis which is used to inform priority setting. Priorities include Health inequalities, children and young people, mental health and wellbeing, older people, alcohol, drugs and tobacco

Deb highlighted the priorities for addressing the determinants of health inequalities as follows:

- Reduce unemployment.
- Increase income and reduce child poverty.
- Strengthen communities.
- Develop skills and life long learning.
- Reduce alcohol consumption and tobacco use.
- Increase social support.

Key themes of the JSNA include

- Aging and changing population at risk.
- Impact of the economic climate.
- Maximise use of regulatory powers for health and wellbeing.
- Impact of poverty and social inclusion on health, wellbeing and determinants.
- Intergeneration and family issues.
- Pivotal role of primary care (particularly GPs and their teams).
- Ensure the best possible services are available to all when there is a crisis.
- Current and potential contribution of the third sector.
- Support people to be in control of their health, care and wellbeing.
- Natural environment is a key asset for health and wellbeing.
- Mobilise community assets and build community resilience.
- Importance of social relationships.
- Importance of wellbeing in affecting physical health, behaviour, social inclusion and prosperity.
- Identify those at high risk and intervene earlier – make every contact count!
- Risk taking behaviours – harm reduction and recovery.

Finally, Deb explained that the goal of the Health and Wellbeing Strategy was to narrow the gap in healthy life expectancy and finished her presentation with some suggestions for the priority outcomes for the Board as follows:

- Improve maternal and infant health.
- Improve mental health and wellbeing.
- Reduce incidence and survival of long term conditions and support people be in control of their health.

## **5. Session 3 - Delivering our health and wellbeing priorities**

For both of these sessions Ian Roberts facilitated a group discussion on what priorities the Board should focus on and discussion about how the Board sees itself fitting into the new Lancashire Health System.

Board members were split into three groups and were asked to group together suggestions for areas that the Board should focus on. The results were as follows:

### **Group 1**

- Alcohol Abuse and implications, such as Teenage Pregnancy, mother and child health.
- Targeted Health checks including checks for dementia and target people living in rural areas.
- Principal of more focus on early intervention.
- Older people healthier living.
- Listen to the voice of the people.

### **Group 2**

- Emotional Health and Wellbeing – develop more practical pathways.
- How to develop priorities, evidence based.
- Public engagement.
- Balance between universal and targeted services, intensity to depend on level of need.
- Domestic violence.
- Governance and accountability.
- Drugs and alcohol abuse.
- Early family wellbeing.
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### **Group 3**

- Public engagement – people to take more responsibility.
- Bring priorities together, identify key priorities once all brought together.
- Resources limited, but let organisations lead where they have expertise.
- Avoid unintentional consequences.
- Alcohol abuse.
- End of life care.

Board members also made some suggestions for engagement, it was suggested that Third Sector Lancashire could be utilised along with the Youth Councils and social media to engage with children and young people.

**6. Session 4 - How Should the Board operate within the new Lancashire Health System**

This item was deferred to the next meeting.

**7. National and local updates for the Board**

None noted.

**8. Minutes of the meeting held on 25 January 2012**

Were agreed as an accurate record.

**9. Appointment of additional Clinical Commissioning Group Representatives**

The Board noted the appointment of representatives of the Preston, Fylde and Wyre and West Lancashire Clinical Commissioning Groups and the consequential amendment to the Shadow Board's terms of reference. It was also noted that Dr Simon Frampton has replaced Dr John Caine as the West Lancashire CCG representative.

**10. Any Other Urgent Business**

None.

**11. Programme of Meetings 2012 and Date of Next Meeting**

The programme of future meetings for 2012 was noted. The date of the next meeting was to be confirmed .

Andy Milroy  
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